



FOR IMMEDIATE RELEASE  
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CONTACT: [www.riverbirchpublishing.com](http://www.riverbirchpublishing.com)  
Or the author, Mary Claire O'Neal  
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**BOOK BY AUTHOR, MARY CLAIRE O'NEAL, RECEIVES TOP HONORS  
FROM NATIONAL INDIE EXCELLENCE 2007 BOOK AWARDS.**

LEXINGTON-- River Birch Publishing is proud to announce that their print and audio book titles were awarded the Indie Excellence 2007 Book Awards, which honors outstanding books by independent publishers across the nation.

*Becoming What You Want to See in the World* by Lexington author, Mary Claire O'Neal, was the Winner Audio Book Non-Fiction, and the print version was named as an Award-Winning Finalist in the category of Social Change.

O'Neal, an internationally known author, speaker, and consultant, has been working with individuals, corporations, educational and service organizations in personal and professional development for over 15 years through workshops and consulting in effective communication, joyful living and life balance. Her diverse work experience includes mental health educator, Equity actor/director, and business owner. In 2006, O'Neal received an individual artist grant in the category of creative non-fiction from the Kentucky Arts Council. For more information: [www.maryclaireoneal.com](http://www.maryclaireoneal.com)

"My book is a distillation of what I've learned from over 20 years of life experience," said O'Neal, "and it contains many of the principles and techniques that are in my presentations and seminars."

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For an interview, please call the author at 859-272-2515 or send an email to [riverbirchpublishing@alltel.net](mailto:riverbirchpublishing@alltel.net).

"This book could not have come at a more opportune time. A ray of hope amid chaos. . ."

*Arun Gandhi, President, The M.K. Gandhi Center for Nonviolence*

